

LAHORE INSTITUTE OF SPECIAL CARE & ATTENTION



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Please contact the school office.
Address: 15-G4, Johar Town, Lahore.

Phone: 03219441951



Welcome

We Nurture Knowledge

Principal

Vice Principal
Child Psychiatrist
Adult Psychiatrist
Coordinator
Specialist Intellectual Disability
Specialist Learning Problems
Specialist Autism
Speech Therapist
Art & Play Therapist
Games and OT
Computers Department
ADMINISTRATION
CHAIR OF GOVERNORS

Shamaila Ijaz

Fatima
Dr. Nazish Imran
Dr. Imran Haider
Ms. Farah
Fatima, Amon
Farwa, Ayesha
Marriam, Aqsa
Farah Shabab
Aqsa
Omar
Faran
Minahil
Mrs Ijaz Haider

I would like to welcome you to our clinically based institute.

Lahore Institute of Special care & Attention (LISCA) provides a supportive and happy environment through which our pupils, professionals and parents **grow towards healthy life.**

We are very proud of our institute which is one of the 4 institutes who have inclusive setting.

“A happy place” “Always friendly and always calm.

“My daughter enjoys school, can't wait for the end of the holiday.”



Our School



Lahore Institute of Special care & Attention is one of FOUR inclusive setting school in Lahore. This prospectus gives a brief description of LISCA School, its organization and how it works to achieve its aims.

Key facts:

- LISCA is a day school for children and young people between the ages of 2 to 19 years
- Pupils present a range of complex needs which include
 - Severe Learning Difficulties (SLD)
 - Autistic Spectrum Conditions (ASC)
 - Profound and Multiple Learning Difficulties (PMLD)
 - Multi-Sensory Impairment (MSI)
 - Children with depression and anxiety
 - Behavioral problems as anger and lack of confidence in children
 - Speech problems in children and adolescents
 - Difficulty in academics especially memorization, exam tension, concentration issue
- LISCA became a **Specialist Inclusive Setting School** in September 2012. Before this LISCA ran only special classes morning and evening for Slow Learners since 2007. It is running its evening OPD sessions since 2002.



Vision

LISCA's Mission:

To provide quality outpatient mental health, child abuse and substance abuse counseling To empower children and families to achieve their potential To increase community awareness as to the importance of prevention and treatment of mental disorders

LISCA's Vision:

LISCA children and parents achieve their best by fully utilizing their internal and external personal and interpersonal resources

LISCA's Values :

To make a measurable difference in the lives of the children and families served To make each client an active participant in achieving the goals of treatment To seek collaborative partnerships with other social and health agencies

Our key aims for our pupils and students are to:

- Provide a safe, healthy and happy school environment
- Value and respect all pupils, parents and staff
- Provide meaningful and motivating learning opportunities via a relevant curriculum
- Ensure that all pupils receive personalized learning for their individual needs
- Develop personalized communication forms to assist understanding and self-expression
- Promote positive self-esteem and respect for others
- Encourage pupils to express preferences, make choices and engage in decision making
- Work with families, professionals and staff as a team to meet the individual needs of each pupil
- Work in partnership with other schools & organizations to develop inclusion opportunities



Workshops



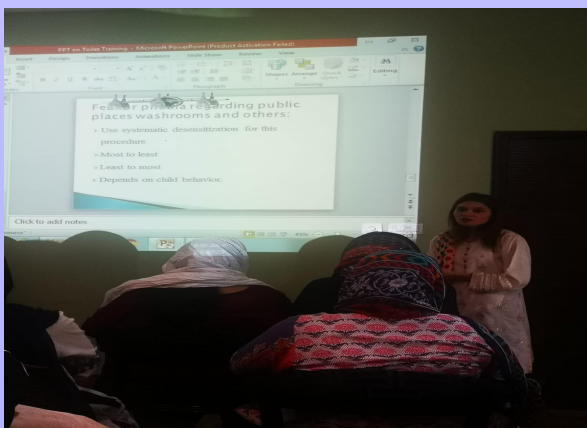
**REIKI THERAPY:
THEORETICAL BASIS,
PROCESS,
APPLICATION AND
EMPIRICAL EVIDENCES**

**17th January, 2020
at 2pm to 5pm, at
LISCA, ISCA,
Johar Town, Lahore**

Reiki Level 1 & Level 2



MS. SHUMAILA IJAZ
CEO/CLINICAL PSYCHOLOGIST
Lahore Institute of Special Care
& Attention (LISCA), Lahore



Home School Partnership

LISCA is a school which recognises the importance of working in partnership with pupils' families to optimise the abilities of each pupil. The staff team work with each family to ensure that every pupil individual skills and talents are monitored and developed on an on-going basis.

The school seeks to support families at all times via:

- Pre-booked meetings at home or school
- Daily home to school books
-
- Parent/carer groups, workshops and coffee mornings
- Consultations after 2 weeks
- Sibling support group activities
- School family events and fun-days
- A dedicated family room
- The school web-site
- The Home School Agreement



Pupil Behaviour

LISCA actively provides a friendly, calm and consistent atmosphere and curriculum which enables all staff and pupils to feel safe. The school has clear expectations of pupils and an agreed approach towards behaviour support.

The staff team focus is always on promoting positive pupil behaviour through consistency of staff attitude, regular and predictable routines, clear rules and boundaries and the systematic use of rewards and sanctions.

The Policy on **Promoting Positive Pupil Behaviour** and the Policy on **Anti-Bullying** are available on the school web-site or school office on request.



Facilities



Pupils benefit from a range of resources including:

- Hydrotherapy
- Media suite
- Interactive light and sound room
- Music room
- Two soft-play areas
- Early years playground
- Adapted outdoor play and recreational facilities
- Post-16 horticulture provision, greenhouse & allotment



Curriculum

Pupils at LISCA receive specialist teaching and support therapies in all areas of their curriculum. The school uses the **Early Years Foundation Stage** and **Punjab Textboard curriculum** as the basis of priority learning areas for each pupil's **Individual Education Plan (IEP)**.

Pupils and their families are supported through the requirements of the formal annual review process in partnership with the relevant staff team members and professionals.

Older students in the post-16 provision take relevant courses.

LISCA aims to identify and meet individual pupil needs through a personalised curriculum. The weekly timetable will reflect a range of age-appropriate and engaging lessons and activities within consistent boundaries and structured routines providing security and promoting independence.

A **Curriculum Forecast** is sent home at the beginning of each term explaining the term's theme and the main activities the pupil will experience during that period of time. This provides their family with an opportunity to follow up on work carried out at school and reinforce learning at home.



School Day



The school day commences at 9.05am and finishes at 12.30pm. All pupils have private transport.

Uniform

All pupils, excluding those within the post-16 provision, are expected to wear the school uniform. Full details can be obtained from the School Office.

School Meals

LISCA prefers home made food for pupils to avoid any medical problems.

Allergies

All precautions are taken to ensure that any pupil with an allergy does not come into contact with the relevant food group. A care plan and a risk assessment is undertaken specific to that pupil.



Staff Team

Our staff team is well established and highly experienced. Many of our current staff at all levels started their careers at LISCA. We continue to encourage and mentor new teachers from the ranks of our dedicated support staff team. This pro-active attitude to professional development truly embodies the school ethos of **Achieving Together**.



Our current staff to pupil ratio is above 1:2 so ensuring a high level of individual pupil interaction.

The school is led by a team which includes the Principal, Vice principal, one Assistant Headteacher, 2 Specialists in autistic spectrum conditions (ASC) and multi-sensory impairment (MSI), 1 Art and play therapist, 2 specialists in Learning Disabilities, 2 specialist with slow learners and 2 speech therapist. Occupational Therapist visits on call.

(LISCA) is a non-profit organization dedicated to empowering children and their parents to achieve their potential as loving, responsible families. The program provides comprehensive diagnostic and treatment services to children and families whose relationships and personal growth are impaired by emotional and behavioral problems. The LISCA Psychological Assessment Service provides specialized evaluations, or testing, of child and adolescent psychological functioning using standardized psychometric techniques. The clinic provides comprehensive evaluations within the areas of intellectual, academic, neuropsychological, adaptive, and social-emotional functioning.





FUN AT LISCA



EXTRACURRICULAR FUNCTIONS AT LISCA



10



Admissions

Scheduling an Appointment and Evaluation Procedures:

Parents, guardians, school officials, mental health providers, pediatricians and other service providers may refer children and adolescents to LISCA for testing. To request an appointment for an evaluation through LISCA, please call 03219441951 and ask for the testing coordinator. Testing takes place in evening from 4pm to 6pm and 3 visits are paid. Assessment include IQ test-verbal and nonverbal which includes learning disabilities test and personality test. Prior to scheduling an appointment, an intake packet is sent to the family, which includes two about the child/adolescent's developmental, medical, social and academic history. Once the forms are completed by the parent/guardian and returned to the clinic, the panel will review that information. We review the information, in addition to any additional reports of previous evaluations and school information in order to help us decide the most appropriate types of assessments that will be conducted.

Overview of Evaluation Procedures:

Parent completes intake packet Assignment to an evaluator for a comprehensive assessment Assessment visits are planned (approximately 3 - 10 hours). Evaluations take approximately 2 weeks to complete Individualized feedback session is conducted with the parent in order to review the results of the evaluation and the proposed recommendations Final written report is sent to the parent School psychologist attends school meetings, when requested

Fees and Payment Policy:

Parents typically pay for the psychological assessment services. There is an established hourly fee. Our policy is to be paid directly by the parent at the time of each session. The testing service administrator will answer questions regarding the current hourly rate. LISCA will accept payment from insurance companies, however, authorization is required for psychological testing. Authorization for psychological testing must be obtained prior to the start of testing. The Director of the LISCA will assist parents in applying for authorization from the state insurance companies. School Districts and other agencies may at times agree to pay for a comprehensive psychological evaluation. The LISCA Psychological Assessment Service requires a formal written letter of referral and payment agreement from such agencies. [ASSESSMENT FORM](#) and [JOB APPLICATION FORM](#)

Please contact us for information regarding the current hourly rate or DONATION. NGO concession implies. If the parents are unaffordable, concession implies.

	<i>MILD</i>	<i>MODERATE</i>
<i>ADHD</i>	<i>Rs 30,000</i>	<i>Rs 35,000</i>
<i>Autism</i>	<i>Rs 40,000</i>	<i>Rs 45,000</i>
<i>ID</i>	<i>Rs 15,000</i>	<i>Rs 20,000</i>
<i>LD</i>	<i>Rs 30,000</i>	<i>Rs 35,000</i>
<i>Rehab</i>	<i>Rs 25,000</i>	<i>Rs 30,000</i>
<i>Play Group</i>	<i>Rs 1,000 - Rs 5,000</i>	
<i>3-5</i>	<i>Rs 6,000 - Rs 7,000</i>	
<i>6-8</i>	<i>Rs 7,000 - Rs 8,000</i>	
<i>9-10</i>	<i>Rs 10,000</i>	

Our Services

- Parental Guidance
- Diagnostic Assessment
- Speech Therapy
- Play Therapy
- Multisensory Environment
- Aroma-touch therapy
- Reiki healing
- Counseling sessions for adults
- Individualized IEPs
- Self-Management Skills
- Behavior management by CBT
- Workshops for mothers and teachers
- Vocational & Rehabilitation services for adolescents' slow learner
- Occupational Therapy
- TEACCH, PECS, AAC Communication
- VB and Brain Gym
- Yoga
- Early Start Denver Model Therapy
- DIR Floortime
- Social Skill Intervention
- Respirator admission for 3 days



Evening Services

Governors at LISCA play an active and supportive role in the life of the adults and their families .

- We provide services to adults for all psychological disorders and do family counselling.
- We train people to walk on rough paths of life.



CHILD HISTORY FORM

Name: _____ Age: _____ Address: _____

Schooling: _____ Duration: _____ Class: _____

BIRTH HISTORY

Normal Operation Crawling: _____ Words: _____

First Cry: _____ Sitting: _____ Sentence: _____

Neck Holding: _____ Walking: _____ Toilet Training: _____

MEDICAL HISTORY

Child Medical History: _____: ہسپتال _____: جھٹکے _____: بخار:

Father Medical History: چلنا پھرنا B.P ڈپریشن نشہ نفسیاتی ذہنی

Mother Medical History: چلنا پھرنا B.P ڈپریشن نشہ نفسیاتی ذہنی

Other Family Persons Med. Hist: چلنا پھرنا B.P ڈپریشن نشہ نفسیاتی ذہنی

SCHOOLING HISTORY

Detail: _____

Friends: _____

Teacher: _____

Studies: _____

Tutor: _____

Guests: _____

PRESENTING COMPLAINTS

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____



LAHORE INSTITUTE OF SPECIAL CARE & ATTENTION

WE NURTURE KNOWLEDGE

STUDENT FEE CONSESSION FORM

Father/Guardian's Particulars

Father's Name: _____ Status: Alive Deceased

Father's Professional Status:

Employed Retired Business Farmer Laborer Abroad Jobless

Mother's Name: _____ Mother's Occupation: _____

Father's Professional Status:

Employed Retired Business Farmer Laborer Abroad Jobless

Marital Status of Parents: Combined Separated Divorced

In case of above given any profession, please provide following details:

- o Name of Company/Employer/Business/Laborer: _____
- o Tel (Off): _____ PTCL: _____
- o Total Net Monthly Income from all sources (Salary/ Pension/ Others) _____
- o Total Annual Income from all sources: _____
- o Previous Occupation (in case of father death/ retirement): _____
- o Total Monthly Income (Pension/ Others): _____

In case of Guardian

o Guardian's Name: _____ Relationship: _____

o Guardian's Occupation: _____ Guardian's Contact No _____

Family Details:

Total Members in Family: _____

- Family Set-Up: Joint Independent

Number of Brothers/Sisters (Total): _____ Number of Brothers/Sisters married (Total): _____

Total Earning Members in Family _____



Contacts



Lahore Institute of Special care & Attention
15 g4, Johar Town, Lahore, Pakistan

Principal: **Shamaila Ijaz**
Vice Principal: **Fatima**

Phone: 03219441951
Ptcl: 04235304020
Email: shamailajaz@yahoo.com
Web: <http://lisca.pk>

Parent Partnership CONNECTIONS

Phone: 03214462292

The Parent Partnership Service offers free confidential and impartial service to parents and carers of children who have, or may have, Special Educational Needs (SEN).

